

Guðmundur Sigurfreyr

curriculum vitae

Employment

1976-1978 Yoga Instructor at Ananda Marga

Taught Astanga Yoga in various countries, including Norway, Sweden, France, Israel, Turkey, Iran, Afganistan, Pakistan and India.

1978-1979 Editor of Vitund & veruleiki

Publisher and editor of the journal *Vitund & veruleiki*. The journal introduced ideas and theories in the humanities, specially pertaining to parapsychology and research into the paranormal.

1983-1985 Chief executive officer of Miðgarður

Founder, instructor and CEO of *Miðgarður – Center for Biosynthesis*. *Miðgarður* based its activities on the psychological theories of Wilhelm Reich. We specialised in workshops and training courses. My main duties were teaching, managing workshops and public relations.

1986-1989 Chief executive officer of Þrídrangur

Þrídrangur offered courses led by both Icelandic and foreign instructors. We offered training in archery, healing, shamanism, psychotherapy, nutritional science, herabal healing, yoga, mediation, relaxation and many other topics. My main duties was managing, teaching and public relations.

1990-1991 Teacher at Elementary School of Þórshöfn

Tought history, geography and managed the school library.

1987-2009 Free-Lance journalist

Have worked as a free-lance journalist for all the major magazines and newspapers in Iceland.

2000-2002 Consultant and Notes Programmer at SCIO A/S

My work consisted mainly of developing and designing Notes databasis and applications. Testing them in cooperation with the users and also assisting in major IT-projects.

2002-2002 Consultant and Notes Programmer at EDB Gruppen

My work consisted mainly of developing Notes databasis and Internet solutions in Lotus Notes.

2005-2009 Author at Landmark Publications

For the past years I have been writing

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a book titled *Cannabis: Illegal Drugs and the Drug War*. It will be published in Iceland and hopefully translated into Danish, Swedish and English.

2002-2010 Web editor of Sigurfreyr.com

An Icelandic website that has published over one hundred articles on different topics, including politics, pscyhology, judical matters, history, pedagogy, drugs and the drug war.

Education

1970-1973 Secondary School of Akranes

1997-1998 Technical University of Iceland

- 42 ECTS

1999-2000 New Computer and Business School

- Systems diagnoses
- Data systems
- Pascal
- Delphi
- Java
- Lotus Notes developing
- Lotus Notes administration
- HTML and CSS

2009-2011 Nordic Multimedia Academy

I am at present studying to be a multi media designer at NoMA, Kolding.

Authorship

- *Framtíðarsýnir sjáenda*. 1987.
- *Spádómarnir miklu*. 1990.
- *Nostradamus og spádómarnir um Ísland*. 1996.